

# Your 6-Week Home Decluttering Plan



## Week 6

### Additional Rooms

- Remove what you don't need from your attic/basement or garage
- File or remove papers, books, and stationery in your home office

## Week 5

### Living Areas

- Sort TV/game/entertainment system area
- Clear all flat surfaces, including coffee table
- Reorganise storage areas, such as shelving

## Week 4

### Kitchens

- Remove empty/expired food and products, including frozen
- Reorganise cupboards and drawers, especially under the sink
- Tidy flat surfaces and countertops of unnecessary appliances

## Week 1

### Prioritise and Plan

- Identify the key problem areas in each room of your home
- Organise storage boxes, renting storage space if necessary
- Locate charity shops, donation points, and recycling centres

## Week 2

### Bedrooms

- Remove items you don't wear from your wardrobe
- Sort out your chest of drawers and bedside cabinets
- Clear all flat surfaces, such as shelving and desktops

## Week 3

### Bathrooms

- Remove all empty bottles and expired products
- Organise your cabinets, cupboards, and shelves
- Sort and organise all bath towels and facecloths